



CRUSADERS QUARTERLY

Montgomery County Cancer Crusade Newsletter

Be a Warrior, join the fight against Cancer!

January 2008 — Issue 1

Message from the Director

Dear Community Partners,

In 2000, the Montgomery County Cancer Crusade working under the consortium of the five community hospitals, community-based organizations, minority health initiatives, Primary Care Coalition and the Department of Health and Human Services met to address cancer health and related disparities in access to care, screening and treatment. With support from the Commission on Health, the Consortium (Cancer Coalition) developed a comprehensive cancer program, including a plan to reach the low-income, minority and underinsured populations. The components of the program included outreach education, screening, diagnosis and treatment.

Now, seven years later, the program has made a significant impact on the lives of individuals, families and the community through early detection and screenings. To date, 3,000 people have been screened for colorectal cancer. Of the uninsured people screened, 15% were found to have pre-cancerous colon polyps. 13 individuals have been detected with colon cancer and provided with cancer treatment. The prostate cancer program which targets high-risk groups, has screened over 500 men, and detected elevated/abnormal prostate screening results in 97 men (21%). To date, 18 men have been found to have prostate cancers and linked to treatment. The oral cancer program has additionally screened 3,100 people and identified 200 (6%) individuals with abnormal oral screening exams requiring follow-up and diagnostic test. We are proud of the accomplishments of all our partners.

The Montgomery County Cancer Crusade, through this newsletter, and subsequent versions, hope to share information on all countywide efforts including success stories on cancer prevention, early detection and treatment. Our partnerships with the minority health initiatives, community hospitals and medical providers has resulted in this unique program and initiated a big step toward making our vision a reality. With optimism we will continue to find ways to decrease cancer mortality and eliminate health disparities through our community and health promotion programs.

Sincerely,

Irene Dankwa-Mullan, MD, MPH



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MISSION STATEMENT

To promote cancer prevention and screening, integrating community outreach, public and provider education, culturally competent care coordination services and access to timely clinical care to maintain the most favorable health for all residents.

Message from the Cancer Program Coordinator



Welcome to the premiere edition of the Montgomery County Cancer Crusade's Quarterly newsletter, "The Crusader's Quarterly".

For this issue, the goal is to introduce and familiarize each partner, community members, the general public, and other interested parties, to the scope of cancer services available to the residents of Montgomery County and be a resource guide to those services. As we are truly a team, we achieve our goals through the collaborative efforts of each partner; therefore we want to advertise and promote who we are and what we do towards accomplishing the overall vision and mission of the Montgomery County Cancer Crusade.

In future newsletters we hope to share information on partner activities, spotlight success stories, share and promote utilization of resources among partners in providing clinical services, educational and outreach activities. We will share our collaborative efforts in reaching our targeted populations.

I look forward to working with all of you and I always welcome any ideas and suggestions that you may have on improving the overall health of Montgomery County residents.

Best Wishes,

Michael McCalla, MSHA

Our dedicated partners help us in our fight against cancer, here are some of them:

Community-Based organizations:

African-American Health Program, African Women's Cancer Awareness Program, Asian American Health Initiative, Casa of Maryland, Community Ministries of Rockville, Latino Health Initiative, G.O.S.P.E.L. Program, People's Community Baptist Church.

Community Hospitals:

Holy Cross, Montgomery General, Shady Grove Adventist, Suburban, and Washington Adventist.

Medical Providers:

Capital Gastroenterology, Maryland Regional Cancer Care, Montgomery Gastroenterology & National Cancer Institute.

National Organizations:

American Cancer Society, Susan G. Komen Foundation, National Cancer Institute, National Institute of Health.

Community Health Link:

Primary Care Coalition.

INTRODUCING OUR PARTNERS

COMMUNITY-BASED ORGANIZATIONS



African American Health Program

The African American Health Program (AAHP) was created in 1999 to address health care disparities which disproportionately affect African Americans in Montgomery County. Today, AAHP is committed to eliminating health disparities and improving the number and quality years of life for African Americans in Montgomery County, Maryland.

The African American Health Program targets the most critical health concerns facing African Americans today.

Cancer is the second leading cause of death in the U.S. In addition, African Americans have the highest death rates for all cancers combined: breast, colon and rectum, lung and prostate.

The African American Health Program provides cancer education and helps refer low income and uninsured county residents for free mammograms, colon cancer, and prostate cancer screenings, stressing the fact that early detection is critical with the mantra; **Get Screened and Know Where You Stand.**

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African Women's Cancer Awareness Program

The African Women's Cancer Awareness Association (AWCAA), founded by Mrs. Ify Nwabukwu in 2004, was created to address the needs of Africans in the D.C. Metropolitan area who have difficulty navigating the health care system.

The AWCAA collaborates with various coalitions and health care professionals to eliminate disparities in cancer screenings, diagnosis and treatment among Africans facing cultural and socio-economic barriers to

access to health care. These barriers include lack of health insurance and financial resources to obtain cancer care. As a result, AWCAA manages a referral network to assist those in need of free cancer screenings, and a patient navigator program to help access local health and social services for cancer patients.

AWCAA's motto is: "**Breaking the Barriers of Silence.**" The organization takes this motto to heart, and strives to create a community that

strengthens and supports those who need quality care. **For more information, contact Ify Nwabukwu at 301.565.0420**



Asian American Health Initiative

The Asian American Health Initiative (AAHI), Cancer Program was established in January 2002, to increase awareness about targeted cancers by providing culturally competent cancer education and screening services to the Asian American residents in Montgomery County. The AAHI Cancer Program is the first health program in Montgomery County to specifically target the Asian American community.

Due to the facts that Asian Americans have the lowest screening rates when compared with other ethnic groups and cancer being the number one cause of death for this ethnic group, the Asian American Health Initiative Cancer Program works to provide cancer education and access to health services. It fosters a public awareness that, if properly screened, detected and found early, cancer can be prevented and treated. Working in conjunction with the Montgomery County Cancer Crusade, the AAHI Cancer Program provides free screenings for breast, cervical colorectal and prostate cancers to eligible Montgomery County Asian American residents.

The goals of the Asian American Health Initiative, Cancer Program are as follows:

- Reduce barriers to screening and early detection by educating the County's Asian American residents.
- Improve overall cancer knowledge and screening practices by reducing barriers to screening and early detection.
- Improve access of Asian Americans to health care facilities and cancer resources within the County.
- Provide education, outreach and screening in a culturally and linguistically appropriate manner.

The AAHI Cancer Program provides comprehensive information on cancer education and prevention to Asian Americans through community partnerships, ethnic media and health promotional events.

For more information on the AAHI Cancer Program, please contact Christine Liang at 240.777.1409 or visit the website at www.aahiinfo.org.



AAHI Health Promoter at an outreach event.



Community Ministries of Rockville



The Latino Cancer Prevention & Control Program

CASA of Maryland, Inc., Community Ministries of Rockville, and the Latino Health Initiative of Montgomery County, combine and coordinate efforts to build and reinforce partnerships to promote, and advocate on the needs and requirements of the Latino community. Their strategic vision towards achieving their goals incorporates participation at Montgomery County Cancer Crusade activities, attendance at Tobacco and Cancer Coalition meetings, and partnerships with the County's MOTA vendor, to provide education, raise awareness, capacity building, and creating effective outreach strategies. The program's outreach strategy is based on the use of trained lay community health promoters who are able to provide culturally and linguistically competent education and referrals to cancer screening services for low-income, uninsured Latinos in Montgomery County.

The use of health promoters as health care advocates within the Latino and Hispanic communities has been supported by a number of research studies and published in various literatures as a conduit to the healthcare system.

As members of the Latino community, the health promoters are respectful, caring, and sensitive to the community's concerns and misunderstandings and focus their message based on family health as a core value in the Latino culture. They use concepts and vocabulary from their client's cultures to explain cancer and screening procedures to ensure success. This approach attempts to breach the gap in health services and provide navigation services to a group that has lacked access to health care and provide informal counseling and social support, while assuring that the communities they serve have access to needed services.

For more information about this program contact:
CASA of MD - 301.431.4185
Community Ministries of Rockville - 301.315.1091
Latino Health Initiative - 240.777.3221

The Gospel Program

The G.O.S.P.E.L. program began in May of 2003. It is a faith-based initiative, developed to increase knowledge and awareness among African Americans regarding health disparity issues. The hub of our disparity graphic shows the focus on tobacco prevention. Pictured around the hub are health conditions that are known health disparity issues among African Americans.

The goal of the G.O.S.P.E.L. program is to reduce or eliminate the health disparities. Through a collaborative effort between the Office of Health Promotion and Substance Abuse Prevention and the Black Minister's Conference of Montgomery County, the G.O.S.P.E.L. program partners with ten African American churches and has a team of 21 community outreach workers (health promoters).

Together the team conducts multiple health symposiums, outreach activities, and distributes a wide variety of health resource materials. The G.O.S.P.E.L. team continually partners with other organizations to bring innovative programs to the community; such as the Brown Bag Event (pharmacy awareness and doctor-patient communication), The Heart Health Symposium, the Health Freedom Walk and multiple events in honor of the Great American Smoke-out and World No Tobacco Day.

For more information about the G.O.S.P.E.L. program,
call Debbie Gold at 240.777.1772
debbie.gold@montgomerycountymd.gov

COMMUNITY HOSPITALS



HOLY CROSS HOSPITAL

Holy Cross Hospital embraces the concept that partnerships provide opportunities for leveraging funding, stimulating innovation and encouraging successful outreach with the ultimate goal of an improvement in the health status of the community.

In its fourth year, the Minority Communities Empowerment Project (MCEP), has been funded by the Minority Outreach and Technical Assistance (MOTA) to reduce health disparities in cancer mortality and morbidity and tobacco use among targeted subgroups of African Americans, Blacks of African descent, Asian Americans, Hispanic and Latino Americans, Native Americans and whites. Partners include the Montgomery County African American Health Program and Asian American Health Initiative, African Women's Cancer Awareness Association, CASA of Maryland, Community Ministries of Rockville, and the Maryland Commission on Indian Affairs.

The Holy Cross Hospital Cancer Institute (HCHCI) provides a comprehensive continuum of cancer services, including diagnosis, treatment, and support services delivered by our highly skilled staff with the utmost care. The HCHCI provides exceptional care and compassionate support for patients with cancer and their families. Our education programs include:

- Cancer risk assessment and genetic testing
- Cancer support groups
- Cancer research
- Smoking Cessation

For more information, contact Jackie Diehl at 301.754.7537 / diehlj@holycrosshealth.org



Montgomery
General Hospital

As a partner with the Montgomery County Cancer Crusade, Montgomery General Hospital (MGH) continues to make great strides in educating the community about cancer prevention and treatment.

Montgomery General provides education, outreach and screenings in Prostate cancer as well as outreach and referrals for screenings in Colorectal Cancer.

As pioneers of the Men's Barbershop Program in Montgomery County, a program which trains barbers to educate the community on prostate cancer, and the importance of screening, Montgomery General, continually seeks new and innovative ways to reach the community.

In 2008 MGH launches a new breast

cancer outreach program called **Brains, Breast and Beauty** designed to engage women (18-40 years old), in underserved and minority populations in Montgomery County. This program made possible through support from a community-based grant from Susan G. Komen Race for the Cure Foundation, which seeks to educate women on breast cancer and provide linkages to available services.

Montgomery General Hospital offers a variety of classes and information for the community on cancer education and resources. Outreach efforts are provided through the work of a fulltime community outreach registered nurse, as well as a full time inpatient, outpatient cancer navigator, certified in oncology nursing.

MGH is committed to making our community cancer free.

**For more information, call:
MGH Community Outreach Line
at 301. 774. 8881**



Suburban Hospital

Suburban Hospital's Cancer Care is dedicated to preventing, diagnosing and treating cancer for residents in the Washington metropolitan region. In partnership with community physicians, staff, other healthcare providers and research affiliates, the Cancer Care program provides a comprehensive range of high quality, compassionate, and cost-effective services, including health education, screening, clinical research, diagnosis, treatment, psychosocial support and palliative care. Through its affiliation with the Bethesda-based National Cancer Institute, Suburban Hospital has developed a unique program that provides their patients with access to extraordinary treatment options and clinical research trials.

Suburban's Partnership with the Montgomery County Cancer Crusade

Get A Check-Up!

Suburban Hospital's commitment to the community includes various programmatic strategies specially aimed at reaching underserved populations. The longstanding partnership with the Montgomery County Cancer Crusade includes outreach to individuals at risk for colorectal cancer and linking them to available screening programs. Since 2000, Suburban's Community Outreach department organized and participated in over 300 health education and screening sessions, communicating to over 65,000 Montgomery county residents the importance of getting a *Check Up!* Over the years, Suburban has expanded its focus to include other cancers, such as breast, skin and prostate.



Check it Out!

Established 13 years ago as a collaboration between Montgomery County public and private schools, Hadassah and Suburban Hospital's breast cancer awareness program, *Check It Out* strives to reach 11th and 12th grade young women. The goal of this program and other Suburban's youth initiatives is to educate, motivate and empower young people.

For more information, contact:

**Pamela Milberg at 301.896.6836 / PMilberg@SuburbanHospital.org
Patricia Rios at 301.896.2849 / PRios@suburbanhospital.org**



COLORECTAL CANCER SCREENING PROGRAM

Shady Grove Adventists Hospital's Colorectal Cancer Screening Program, supported by Montgomery County's Cancer Crusade through funds from the Cigarette Restitution Fund, provides education, outreach, and free screenings to eligible men and women residing in Montgomery County. The goal of the Colorectal Cancer Screening Program is to target men and women who are considered to be "at-risk" for colorectal cancer. This includes persons who are aged 50 and over, medically uninsured or under-insured, and who are low income. African Americans and Hispanic/Latinos have been identified as the targeted population, as data reveals high colorectal cancer diagnosis rates in people of these minority groups. Program Coordinators for the screening program are continually out in the community promoting the program and providing outreach to faith-based settings (churches and synagogues), soup kitchens, area shelters, community centers, and work sites.

It's program goal is to increase awareness within the community of the cancer risk and the benefits of early detection and screening.

Patients must meet the following criteria in order to be eligible for the program:

- ◆ Be at least 50 years of age
- ◆ Have a limited income
- ◆ Live in Montgomery County
- ◆ Have no or limited health insurance

Shady Gove Adventist Hospital Comprehensive Cancer Program also offers screening for breast and prostate cancer for its targeted populations and has created lasting partnerships within the community to accomplish its mission.

Contact Candice Shoobridge-Moran at 301.315.3507 or Cshoobri@adventisthealthcare.com for more information.



BREAST CANCER SCREENING PROGRAM

Since 1993, the Breast Cancer Screening Program at Washington Adventist Hospital has been helping low income, uninsured women 40 years and older in the Maryland area fight the battle against breast cancer. The purpose of the program is provide free screening services to underserved women who may otherwise do without these services due to income and insurance limitations. The aim is to make screening, diagnostic and treatment services accessible to all women to reduce the number of deaths related to breast cancer.

Every year the number of patient the program serves increases. Last year, the program served 857 patients for breast health education, clinical breast exams, mammograms, and, if necessary, treatment. Washington Adventist Hospital not only partners with Montgomery County Cancer Crusade to provide these essential services, but offers it services to residents of Prince George's County.

Patients must meet the following criteria in order to be eligible for the program:

- ◆ Be at least 40 years of age
- ◆ Have a limited Income
- ◆ Live in Montgomery County
- ◆ Have no or limited health insurance

Washington Adventist Hospital Cancer Program offers additional screening for colorectal cancer. These efforts are supported by its collaboratively funding by the Montgomery County Cancer Crusade, Women's Cancer Control Program, the State of Maryland's Breast and Cervical Cancer Diagnosis and Treatment Program, the Washington Adventist Hospital Foundation, the Susan G. Komen Foundation Grant, and the Avon Grant.

**For more information, please contact Ivy Bazensky at 301.891.6179
lbazensk@adventisthealthcare.com**

AFRICAN AMERICAN HEALTH PROGRAM

Continued from page 2

The strategy of AAHP is to bring together community partners and resources in a collaborative and efficient manner to support the goals of the African American Health Program. Its programmatic goals are:

- ◆ To raise awareness in the Montgomery County Community about key health disparities
- ◆ To integrate African American health concerns into existing services and programs
- ◆ To monitor health status data for African Americans in Montgomery County
- ◆ To implement and evaluate strategies to achieve specific health objectives

The African American Health Program continues to provide the community with an essential public health service as it informs, educates and empowers African Americans to address health issues impacting their lives, their families and their communities.

**For more information, please contact:
Darlene Coles Boyd at 301.421.5761 / Darlene.Coles-Boyd@montgomerycountymd.gov
Msache Mwaluko at 301.421.5799 / Msache.mwaluko@montgomerycountymd.gov**

MEDICAL CARE PROVIDERS

Montgomery Gastroenterology, PA



David B. Doman, M.D.

Located in Silver Spring, Maryland, Montgomery Gastroenterology, PA. with its subsidiary Montgomery Endoscopy Center PA, is a charter member of the Montgomery County Cancer Crusade. The Montgomery Endoscopy Center was the first Medicare certified ambulatory Endoscopy center in the state of Maryland, performing Gastro Intestinal procedures since 1986.

The three board certified gastroenterologists, David B. Doman, M.D., Howard J. Goldberg, M.D. and Martin I. Golding, M.D. each have over 20 years experience treating gastrointestinal and liver disorders. Members of the clinical and physician staff are fluent in Spanish to which enables them to provide culturally and linguistic competent care for the County's Hispanic community.

Montgomery Gastroenterology center is committed to the screening and early diagnosis of colorectal cancer and are dedicated partners of Montgomery County Cancer Crusade.

For more information, call 301.942.3550

Primary Care Coalition of Montgomery County



The Primary Care Coalition of Montgomery County (PCC) working to improve breast healthcare at the Montgomery Cares safety-net clinics.

In January 2007, PCC became the first recipient of the Community-Academic Partnership grant awarded by the Susan G. Komen for the Cure Foundation. PCC is collaborating with the Montgomery County Cancer Crusade and Uniformed Services University of Health Services to improve breast healthcare services for low-income and uninsured women at the primary care level in the Montgomery Cares safety net clinics. The two-year project includes: Needs Assessment, Patient Navigation, Online Continuing Medical Education course on Culturally Competent Breast Health Care, and the Mont-

gomery County Breast Cancer Workgroup that works to reduce breast health disparities in Montgomery County.

In January 2007, PCC was awarded the Susan G. Komen Community Based grant. In collaboration with the Montgomery County Women's Cancer Control Program and Tom Nolan, PhD, from the Institute of Healthcare Improvement, PCC is striving to increase mammogram screening capacity for low-income and uninsured women through process improvement activities with the Montgomery County Women's Cancer Control Program.

For more information, please contact Raquel Samson at 301.628.3408 Raquel_samson@primarycarecoalition.org



Breast Cancer Workgroup accepting Proclamation on Breast Cancer Awareness Month from Councilmember Nancy Floreen

January is Cervical Cancer Health Awareness Month

It was created to promote awareness of cervical cancer and the importance of screening for this malignancy.

Cervical cancer is currently the second-leading cause of cancer death among women worldwide and the sad part is that this cancer is nearly 100 percent curable if detected early. The Montgomery County Cancer Crusade is urging the coalition partners to help spread the message of the importance of having regular pap tests.

For free and low-cost cervical cancer screenings, contact:
 The Montgomery County Women's Cancer Control Program 240.777.1750
 Holy Cross GYN clinic 301.754.7630
 Proyecto Salud 301.962.6173
 Teen Connection of Takoma 301.891.0977

Visit these websites for more information:

NATIONAL CERVICAL
 CANCER COALITION
www.nccc-online.org

CENTERS FOR DISEASE
 CONTROL—CERVICAL
 CANCER
www.cdc.gov/cancer/cervical/gynecologic.htm

NATIONAL CANCER
 INSTITUTE—
 CERVICAL CANCER
www.cancer.gov/cancertopics/types/cervical

AMERICAN CANCER
 SOCIETY
www.cancer.org

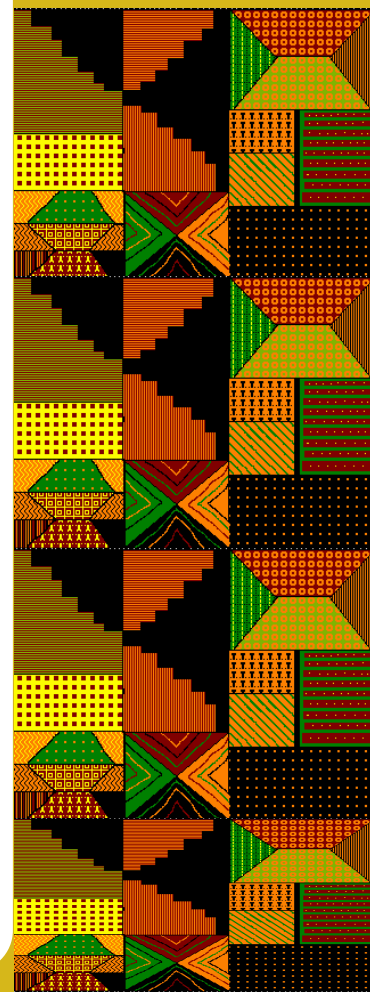
FEBRUARY IS BLACK HISTORY MONTH

The Crusaders Quarterly invites you to celebrate Black History Month and the African Americans who helped shape our nation. While African American men and women share a rich heritage, they have the highest mortality rate of any racial and ethnic group for all cancers combined and for most major cancers.

Did you know?

- ◆ In 2003, African American women were 10% less likely to have been diagnosed with breast cancer, however, they were 35% more likely to die from breast cancer, as compared to non-Hispanic white women. *
- ◆ In 2003, African American men were 1.4 times as likely to have new cases of lung and prostate cancer, as compared to non-Hispanic men. *
- ◆ African American men had lower 5-year cancer rates for lung and pancreatic cancer as compared to non-Hispanic white men. *
- ◆ In 2004, African American men were 2.4 times as likely to die from prostate cancer, as compared to non-Hispanic white men. *

* Data obtained from the US Department of Health and Human Services, Office of Minority Health - www.hhs.gov



MARCH IS NATIONAL COLORECTAL CANCER AWARENESS MONTH

In an effort to increase public awareness about colorectal cancer, the Montgomery County Cancer Crusade encourage our community partners to promote National Colorectal Cancer Awareness Month in March. Colorectal cancer continues to be the second leading cancer for both men and women combined in the US, even though it is 90 percent preventable and 90 percent treatable when detected early. *

The Montgomery County Cancer Crusade encourages the coalition partners and friends to bring increased awareness of this preventable disease to their communities.

For information on free colorectal cancer screenings for eligible Montgomery County residents, please call 240.777.1222

* Information obtained from Cancer Compass, www.Cancercompass.com

For more information on colorectal cancer:

CENTERS FOR DISEASE CONTROL—COLORECTAL CANCER

www.cdc.gov/cancer/colorectal

NATIONAL CANCER INSTITUTE—COLORECTAL CANCER

www.cancer.gov/cancertopics/types/colon-and-rectal

AMERICAN CANCER SOCIETY

www.cancer.org

MARK YOUR CALENDARS !

JANUARY

January 3, 10 & 17 - Nutrition & Cooking Classes for Cancer Prevention and Survival Antioxidants & Phytochemicals. Free. 7PM to 8:30PM. Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. 301.896.3939, option 2

January 6th - Korean Senior Health Lecture—Sessions on cancer (breast, cervical, prostate & colorectal) presented in Korean/English. Free. 11AM to 2PM. 8901 Waring Station Rd, Germantown. 240.777.1409

January 9th - Chinese American Senior Association (CASSA) - Education on cancer, diabetes, Hepatitis B and free osteoporosis screenings. Free. 10AM to 2PM. Wheaton Community Center, 11711 Georgia Avenue, Wheaton. 240.777.1409.

January 10th - People's Wellness Community Center, Prostate Cancer Screening. Free but must pre-register. 6PM to 9PM. 3300 Briggs Chaney Rd, Silver Spring. 240. 777.1340

January 15th - Nueva Vida Workshop on Nutrition and Breast Cancer. Free. Shady Grove Adventist Hospital, 9901 Medical Center Drive,

Rockville, 1.800.542.5096.

January 26th - Vietnamese Tet Festival. Education on cancer, osteoporosis, diabetes, Hepatitis B and tobacco cessation. Entrance fee. 10AM to 4PM. Samuel Riggs Alumni Center, College Park. 240.777.1409

January 29th to February 26th -Tai Chi/Qigong for Cancer Survivors. 7:15PM to 8:15PM. \$20 for series. Suburban Outpatient Medical Center, 6420 Rockledge Dr, Bethesda. 301.896.3939, option 2

FEBRUARY

February 1st - Sister to Sister annual event in partnership with Shady Grove Adventist Hospital and Washington Adventist Hospital - Educate and screen women for cardiovascular health and provide education on cancer. Free but must pre-register. MCI Center, Washington, DC. 301.315.3507

February 5th - Mobile Medical Clinic— Ascension House, Shady Grove Adventist Hospital visits this site the first Tuesday of every month. Education and information on colorectal, prostate and breast cancer. Free. 202 South Summit Avenue, Gaithersburg. 301.315.3507

February 6th - Colorectal Cancer Presentation, Rockville, Senior Center, Shady Grove Adventist Hospital will give overview of colorectal cancer, risk factors, & screening options and discuss common cancer myths. Free but must register. 1150 Carnation drive, Rockville. 301.315.3507

February 14th - People's Wellness Community Center, Prostate Cancer Screening. Free but must pre-register. 6PM to 9PM. 3300 Briggs Chaney Rd, Silver Spring. 240.777.1340

February 18th - Look Good Feel Better, a program for women undergoing cancer treatments. Co-sponsored with the American Cancer Society and the National Cosmetology Association. Free but must pre-register. Shady Grove Adventist Hospital, 1801 Research Blvd. #300, Rockville. 301.315.3507

February 19th - Mobile Medical Clinic— Rockville, Senior Center, Shady Grove visits this site the third Tuesday of every month. Information about colorectal, prostate and breast cancer provided. Free. 1150 Carnation drive, Rockville. 301.315.3507

February 28th - Wisdom for Women 6th Annual Women's Health Symposium. Offers women new approaches to improve their health and embrace wellness. Overview of HPV vaccine and other routine tests that every woman should be aware. Free but must pre-register. 6PM to 8:00PM. Suburban Hospital Auditorium, 8600 Old Georgetown Rd, Bethesda. 301.896.3939, option 2.

MARCH

March 2nd - Shady Grove Adventist Annual Cancer Screening Day. Cancer screenings for bladder, colorectal, oral, prostate, thyroid and skin cancer screenings. Free but must pre-register. 9901 Medical Center Dr, Rockville. 301.315.3507

March 3rd - People's Wellness Community Center, Prostate Cancer Screening. Free but must pre-register. 6PM to 9PM. 3300 Briggs Chaney Rd, Silver Spring. 240.777.1340

March 18th - Community Cancer Meeting. Presentation on various cancers. Free but must pre-register @ 240.777.1340. 6PM to 8:30PM. 401 Hungerford Dr, Rockville. Call 240.777.3498/3497 for more information.

March 31st - Coping with Fatigue During and Following Breast Cancer Treatment. Presentation by Dr. Lilian Nail, internationally known expert in the field of cancer survivorship. Free but must pre-register. 7PM to 8:30PM. Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. Call Susan Jacobstein at 301.896.2193 for more information.

CANCER SUPPORT GROUPS

Breast Support Group - January 14 to March 31 - Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. 7PM-8:30PM. 301.896.2849

Gynecologic Cancer Support Group - January 7 to March 17 - Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. 7PM-8:30PM. 301.896.2849

Prostate Cancer Support Group - January 28 to March 17 - Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. 7PM-8:30PM. 301.896.2193

General Cancer Support Group - January 13 to March 10—Suburban Hospital, 8600 Old Georgetown Rd, Bethesda. 7-8:30PM. 301.896.2849

If you have upcoming community events that you would like to share, please send them by March 1, 2008 to Ithara.Phlong@montgomerycountymd.gov



!NOTICE TO ALL MEN! FREE PROSTATE CANCER SCREENING!

Did you know that prostate cancer is the second leading cause of all male cancer related deaths in the United States? Prostate Cancer strikes one in every six men in the United States. Do you want to be that “sixth” man? Take a time out for your health! Montgomery County Cancer Crusade and its Community partners, Montgomery General Hospital and the African American Health Program, offer free monthly prostate cancer education, and screenings.

To be eligible for the free screening you must:

- Live in Montgomery County.
- Be between age 40-70 years old.
- Have an increased risk for Prostate cancer (Family history of Prostate Cancer, African American male, and/or experiencing signs and symptoms relating to Prostate Cancer).
- Have no prior Prostate screening within the last year.
- Have no current diagnosis of Prostate Cancer.

Screenings are held every second Thursdays of the month, from Sept to June from 6pm - 9pm at:

**THE PEOPLE’S COMMUNITY WELLNESS CENTER
3300 BRIGGS CHANEY ROAD
SILVER SPRING, MD 20904
301-874-1172**

Space is limited and registration is required. Please call 240-777-1340 to register. Remember Prostate Cancer can be successfully treated if detected early.

GET OFF THE BENCH AND GET IN THE GAME! GET EDUCATED ABOUT PROSTATE CANCER

MEET THE MONTGOMERY COUNTY CANCER CRUSADE STAFF



Irene Dankwa-Mullan, MD
Program Director



Michael McCalla
Cancer Program Coordinator
Senior Editor Crusaders Quarterly Newsletter



Charlene Holt
Clinical Cancer Manager



Luli Gutierrez-Parry
Clinical Case Manager



Katty Joseph
Cancer Program Coordinator



Silvia Duron
Client Service Coordinator



Ithara Phlong
Program Specialist
Editor & Graphic Designer
Crusaders Quarterly Newsletter



CRUSADERS QUARTERLY NEWSLETTER

1335 Piccard drive, 1st floor
Rockville, Maryland 20850
240-777-3848 (phone) 240-777-1261 (fax)



Michael.McCalla@montgomerycountymd.gov
“Be a Warrior, join the fight against Cancer!”

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